

World Water Day

Suggested Activities

Activity 1: Design a world water day poster

Purpose:

To understand the importance of clean drinking water and spread the word to others.

You will need:

- Drawing materials – paper and pens/crayons

What to do:

Design a *Clean Water for a Healthy World* poster to show classmates, friends and family that illustrates how clean water is important for our health.

Remember to make it eye-catching, colourful with catchy phrases to attract interest.

Activity 2: Water relay

Purpose:

To understand what it is like for people in developing countries who spend a lot of time collecting water.

You will need:

- 2 tablespoons
- 2 buckets
- 2 cups
- Water
- Something to mark a line on the ground (chalk, string etc)

What to do:

Divide students into two teams, standing in a single file. Mark a line 5 metres away. The students who are first in each line take a spoon, and fill it with water from their bucket.

They carry the spoon carefully to the 5 metre point and back trying not to spill any water, then tip the water into their team cup. The spoon is then handed to the next student in line, who repeats the same process.

Race for 10 minutes. The winning team is the one who fills their cup first, or who has the most water in their cup when the time is up!

The water relay represents the ratio of water a girl in sub-Saharan Africa would collect relative to the average distance she must travel. Based on average water use of 19 litres per person per day and an average of 8 kilometres travelled to collect water – that's only one tablespoon of water for every 10 metres walked!

Discussion question:

Discuss with students what it must be like for people in developing countries. How long did it take to get a cupful of water? How long do you think it would take to collect a bucketful of water?